Flashing notes

Most people with photosensitive epilepsy are sensitive to 16-25 Hz.

<https://www.epilepsy.org.uk/info/photosensitive-epilepsy#about-hertz>

People with photosensitive epilepsy can have seizures triggered by flickering or flashing in the 4 to 59 flashes per second (Hertz) range with a peak sensitivity at 20 flashes per second as well as quick changes from dark to light (like strobe lights).

<http://www.w3.org/TR/1999/WAI-WEBCONTENT-19990505/>

impact resistant

<http://www.innovatoys.com/physics/xp3_manual>